



"Every Child Deserves A Family"™

CONCERNED PERSONS
For Adoption
www.cpfani.org

RUTGERS
School of Social Work

36th Annual Concerned Persons for Adoption

"Let's Talk Adoption"sm Conference

Saturday, May 5, 2018

8:30 am – 4:00 pm

Coordinated by Concerned Persons for Adoption (CPFA)
Co-Sponsored by the NJ Interagency Council and
Rutgers University School of Social Work, Office of Continuing Education

Keynote Address: 9:15 am – 10:15 am

Barry Chaffkin, LCSW, Co-founder and CEO, Fostering Change for Children

Barry Chaffkin is a recognized expert in the field of child welfare. He is responsible for over 900 adoptions and over 900 reunifications in his 28 year career. In addition to his responsibilities with Fostering Change for Children, he is an Adjunct Lecturer at the Columbia University School of Social



Work, and sits on the advisory committee for the National Child Welfare Workforce Institute and the Treehouse Foundation. Barry has presented multiple times for the North American Council on Adoptable Children, Child Welfare League of America, Citizen’s Coalition for Children, New York State Foster and Adoptive Parents Association, New York City’s Administration for Children’s Services, New York State’s Office of Children and Family Services, the Adoption Resource Center, as well as our own Let’s Talk Adoption Conference.

“Adoption is Great....and, it’s Complicated”

Adoption is great because it gives the gift of family to children and youth who need and deserve lifelong love and support. Adoption is complicated, at times, because other families are often involved and navigating relationships can be challenging. Barry’s keynote presentation provides a holistic lens to view adoption, one that honors the successes and challenges for individuals and families in adoption, while also sharing practical approaches to navigate the realities of every adoption for kids of all ages, parents, relatives, and professionals. (ALL ATTENDEES, HC, SW-4)

Online Registration and Payment at www.cpfanj.org

Acknowledgements:

Postcard design and printing by Thinkpod Printing Design and Promotions, Pequannock, NJ. Special thanks to all the CPFA volunteers who make this conference possible.

Conference Schedule

TIME	PROGRAM	LOCATION
7:45 – 8:55	Registration/Check-in Agency Exhibits Book Sales Breakfast	Foyer International Lounge Fireside Lounge Fireside Lounge
8:55 – 9:15	Welcome	Multi-Purpose Room
9:15 – 10:15	Keynote Address	Multi-Purpose Room
10:30 – 11:30	Workshop Session A	Breakout Rooms
11:45 – 12:45	Workshop Session B	Breakout Rooms
12:45 – 1:45	Lunch	Food Court
1:45 – 2:45	Workshop Session C	Breakout Rooms
3:00 – 4:00	Workshop Session D	Breakout Rooms

NJ Licensed Agency Exhibits, Special Exhibits and Book Sales – Arrive early to give yourself time to visit the agency exhibits, special exhibits and book sales. Exhibits and book sales open at 8:00 am. Most exhibitors leave promptly at 4:00 pm. Book signing by authors will occur in the book sales area during the lunch hour (not during workshops).

Special Exhibits – Fireside Lounge

Breakfast/Lunch – Continental breakfast catered by Gerlanda's is included in your registration fee and will be available in the Fireside Lounge. Lunch is on your own. Fast food, deli and pizza are all available at the Busch Campus Center's food court in the same building as the conference.

Handouts – If you are interested in picking up a handout for a particular workshop please visit the CPFA Exhibit Table at the end of the day to see if there are extra handouts donated by the speakers.

Sponsors

The "Let's Talk Adoption" sm is run by Concerned Persons for Adoption (CPFA) and is co-sponsored by the New Jersey Interagency Adoption Council and Rutgers University School of Social Work, Office of Continuing Education.

About Concerned Persons for Adoption (CPFA)

CPFA is a non-profit organization in the state of NJ dedicated to the belief that every child deserves a family. CPFA is not an adoption agency, but an all-volunteer organization working to support those who wish to adopt and to provide educational and networking resources to everyone in the adoption community. Visit our website at www.cpfan.org. Like us on Facebook.

Continuing Education Hours (CEH's)

Continuing education hours are available through The Office of Continuing Education at the Rutgers School of Social Work in accordance with New Jersey Administrative Code 13:44G and recognized by:

- **NJ Board of Social Work Examiners**
- **PA State Board of Social Workers, Marriage and Family Therapists, and Professional Counselors**
- **NJ Department of Education, approval code #1965**
- **National Board for Certified Counselors, provider # 6389**
- **Continuing education hours are approved for NJ licensed: Social Workers, Professional Counselors, Marriage and Family Therapists and Teachers *unless noted*.**

NOTE: You will be registering and paying for the \$20 CEH processing fee to The Office of Continuing Education at the Rutgers School of Social Work. This link will be sent to you after you have registered for the conference.

The following procedure must be followed on the day of the conference in order to prove attendance and be credited with the correct number of CEH's.

- Check in at regular registration desk
- Attendee must *also* sign in at CEH desk upon arrival – this will verify the time of your arrival and give credit for the keynote presentation
- Be sure to sign the CEH attendance sheet in each hour of the workshops you attend for the additional CEH's.

The CEHs will be processed through the Office of Continuing Education at the Rutgers University School of Social Work. For more information contact the office at 848-932-8758.

Conference Workshop Codes, Suggestions, and Certificate of Attendance

Please note that the following WORKSHOP CODES are presented with each workshop description on the following pages for Sessions A, B, C, and D. The notations are provided only as suggestions to help guide your selections of relevant workshops. You are welcome to choose any workshop of interest.

AP	ADOPTEES
AD	ADOPTIVE PARENTS
BP	BIRTHPARENTS
CW	CHILD WELFARE PROFESSIONALS
ED	EDUCATORS
FP	FOSTER PARENTS (See Note #1 below)
HC	MAY QUALIFY AS HAGUE CONVENTION COMPLIANT TRAINING (See Note #2 below)
KG	KINSHIP GUARDIANS
PA	PROSPECTIVE ADOPTIVE PARENTS
	SOCIAL WORKERS AND ADOPTION PROFESSIONALS (Seen Note #3 below)
SW-1	SOCIAL AND CULTURAL COMPETENCY REQUIREMENT
SW-2	CLINICAL
SW-3	ETHICS
SW-4	GENERAL

Note #1- FOR FOSTER/RESOURCE PARENTS CURRENTLY LICENSED BY DCP&P: The conference is approved by the NJ Child Welfare Training Academy for five (5) training hours. "Certificate of Attendance" can be obtained at the end of the conference.

Note #2 – FOR PRE-ADOPTIVE PARENTS DOING INTERNATIONAL ADOPTIONS: A CPFA "Certificate of Attendance," available at the end of the conference, may help partially fill the requirement for the 10 hours of "preparation and training" as required by the Hague Convention. Workshops that may qualify as Hague compliant training are listed with the code HC. In all cases, you should check with your agency FIRST to verify which workshops they would approve as part of The Hague Convention "preparation and training" requirements.

Note #3 – FOR NJ AND PA LICENSED SOCIAL WORKERS & LICENSED PROFESSIONAL COUNSELORS: Workshops that Rutgers University, School of Social Work have approved to meet the Social and Cultural Competency, Clinical and Ethics requirements for Social Workers are listed with the above codes. Please see guidelines on receiving Continuing Education Hours on previous page.

Online Registration Instructions

Online Registration and Payment at www.cpfanj.org
Online registration closes at midnight April 27, 2017

To cancel a registration, email the conference advisor at paben48@gmail.com. No refunds can be given after April 27th.

Explanation of Fees:

Registration Fee: \$60 per person (\$100/couple) – The couple rate is designed for two people who are raising a child together. It is not intended for co-workers or other family members.

Walk-in Registration Fee: \$85 per person (\$150/couple)

Full-time Students & approved DCP&P staff: \$30 per person

CEH Handling Fee: \$20 – A maximum of 5 CEH's are available for NJ Teachers and NJ and PA Licensed Social Workers and Licensed Professional Counselors – 1 for keynote and 1 per workshop hour. Social workers, Licensed Professional Counselors and Teachers should see special check-in instructions under **“Continuing Education Hours.”**

\$25 CPFA Membership – NEW OR RENEWAL – Optional

\$45 CPFA TWO YEAR Membership – NEW OR RENEWAL – Optional

All attendees must CHECK IN at the REGISTRATION DESK upon arrival – Information packets and schedules will be distributed at this time.

Call 973-736-7032 or email L.Riker@verizon.net for any online registration questions.

Register early for best choice of workshops!

For those who need to mail in their registration – Download the registration form at www.cpfanj.org, complete form and mail with full payment (make check payable to CPFA), although for faster processing, we highly recommend on-line registration. Mail-in registration must be postmarked by April 27, 2017. If post marked after April 27th, you will be charged the late fee. You will receive a confirmation via email so please print your email address clearly on the registration form.

Please Mail to:

LTA
c/o Lynn Riker
12 Wilson Terrace
West Orange NJ 07052

Workshops

Session A (Workshops 1 to 8) 10:30 am – 11:30 am

1. The Same But Different: Similarities and Differences of Parenting Adopted and Biological Children (AP, FP, HC, KG, PA, SW-4) Many pre-adoptive parents state that they intend to love and rear their adopted child the same as they would a child born to them. While they are sincere in their desire, the many variables specific to

being an adopted person poses the question of whether this is possible. This presentation will be an interactive exchange of thoughts and ideas about the similarities but more importantly, the differences between rearing biological and adopted children. *Adrienne Palmer, LCSW, Bethany Christian Services, Fair Lawn, NJ*

2. How to Find Children Available for Adoption: Techniques and Social Media (AP, PA) This workshop will present a brief introduction to adoption law in New Jersey, what is allowed and what is not allowed, as well as the various methods to achieve family formation through adoption. This also includes the role of social media in matching with an expectant birth mother, and the benefits and pitfalls of social media after placement. *Donald C. Cofsky, Esq., Haddonfield, NJ - NO CEHs given for this workshop.*

3. Letting Go as Children Grow (AD, AP, BP, CW, ED, FP, HC, KG, SW-4) This workshop will enable parents and professionals to analyze the developmental stages of how kids let go and how this informs us as adults and parents, that we need to let go too. Letting go is a process that occurs separately and together between children and parents. When they take cues from one another the pattern can be mutual and dynamic. The timing of letting go can be painful, but that is not bad. It is just life on this seesaw of growth. Letting go should be somewhat intentional, and to that end, this session will address important questions such as how should parents be letting go of their children, why is this essential for both the child and parent, and how humor can be useful in this sometimes challenging experience. *Jane Aronson, DO, Director, International Pediatric Health Services, PLLC*

4. Therapeutic Techniques for Traumatized Children (AD, AP, CW, FP, HC, KG, PA, SW-2) There are many types of therapies available and it can be difficult to determine the right one for your child. This session will review therapeutic modalities, focusing on DBT, Radical Acceptance and EMDR. Techniques to improving distress tolerance and emotional regulation will be discussed. The important role of self-care for parents will also be discussed. *Mary Carney, APN, Youth Consultation Service, East Orange, NJ and Julie Saperstein, LCSW, private practice, Englewood, NJ*

5. Emergent Adult Adopted Persons (AD, AP, CW, FP, HC, KG, SW-4) Emergent adulthood, the stage between adolescence and young adulthood, holds additional typical developmental tasks for adopted persons. Often, these tasks may be perceived as abnormal, however this session explores how the tasks may be discerned as strengths during the emergent adulthood stage. Topics such as romantic relationships, attachment strategies, and considerations about fertility will be reviewed. Equally important, the session will also offer current information about suicidality risks for this population. *Dr. Susan Branco, LPC, Director of Clinical Training/Assistant Professor, the Chicago School of Professional Psychology, Washington, DC*

6. Systemic Supports and Resource Development for Youth Adopted from Foster Care 2 hour session -Part One (continues in B14) (AD, AP, CW, ED, KG, PA, SW-4) Many broken adoptions could be prevented given the adequate post-adoption supports; however, few systems continue to provide services to children and families after an adoption occurs. In this session, the presenters will reflect on lessons learned from serving youth who have experienced a broken adoption in order to share recommendations for supporting adoptive families to prevent unnecessary disruptions. Although children who have experienced a broken adoption have lived through the loss of both their biological and adoptive families, they frequently cannot access many of the resources available to their similarly situated peers who have aged out of foster care. They also experience a number of setbacks in primary, secondary, and postsecondary education that are unique to their experience as an adopted child. The presenters will focus on developing resources to support children who have experienced a broken adoption and how to advocate on behalf of these children to ensure that they have access to systems and benefits intended for their care. They will also discuss educational challenges and resources that are specific to children adopted from foster care. Videos created by youth who have experienced a broken adoption, will be incorporated throughout the PowerPoint presentation. If time permits, session attendees will break off into groups to discuss the challenges that they face in their locales in order to brainstorm possible solutions to

better serve youth. *Dana Dohn, Esq., Alexis Koerner, LMSW, and Kelly Sweeney, Esq., The Children's Law Center, Brooklyn, NY*

7. Life after NJ Open Birth Records Act – “This is YOUR thing!”...or so they thought (AD, AP, BP, ED, FP, PA) January 2017 kicked off the implementation of the NJ Open Birth Records Act. At the same general time, DNA results have become more widely available and utilized by adoptees as well as the general public. In this session you will hear how these two things have aided two adoptees - changing their lives, their families, and their feelings about identity and self-worth. They will be joined by family members who thought that search and reunion would have little impact on them. *Joi R. Fisher, Pam Hasegawa, and family members - No CEHs given for this workshop.*

8. ADHD and Emotional Regulation Treatment within Post Adoption Services. 2 hour session –Part one (continues in B16) (AD, AP, CW, ED, FP, HC, KG, SW-2) The presenter will focus on emotional dysregulation and ADHD within adoptees, reviewing the treatment model that she developed to help adopted children and their parents better understand, manage and improve symptoms and family communication. This model was developed in response to the large number of children referred to Spence Chapin for such conditions. They use emotion-focused, cognitive behavioral and regulation management techniques in collaboration with adoption themes so both children and their families will have a better understanding of their diagnosis and its relation and/or impact on adoption identity. The history of the diagnosis of ADHD, the reasons why adopted children suffer from it at higher levels than the general population and why it is frequently accompanied with dysregulation will all be discussed. *Ana María León Gómez, MSc., LMHC, ADHD Clinic Manager, Modern Family Center, Spence-Chapin Services, NY*

Session B (Workshops 9 to 16) 11:45 am – 12:45 am

9. Openness in Adoption.... (AD, AP, CW, FP, KG, PA, SW-4) Openness in adoption has become more of the “norm” in adoption work over the last two decades. While there is still much to be done regarding this concept, this workshop addresses the need for transparency in all adoptions. When families communicate openly in adoption, children and youth typically experience better outcomes. Youth maintaining relationships with biological family members and supportive adults often proves beneficial for their self-identity, physical and mental health, as well as creates additional supports for the family unit, ideally lifelong. Please bring your example challenges in navigating openness in adoption. *Barry Chaffkin, LCSW, Keynote Speaker*

10. Tuning in to Teens – Building Communication and Connection (AP, CW, FP, HC, KG, PA, SW-4) The National Quality Improvement Center on Adoption and Guardianship Support and Preservation (QIC-AG) has partnered with New Jersey to support adoptive and guardianship families’ needs as they move through their adoption journey. Tuning in to Teens is an evidence-based parent model based on attachment and Emotional Intelligence. TINT has helped families to experience calmer homes, less conflict, reduced challenging behaviors and improved parent-teen relationships and connection. This workshop will give you a sneak peek into some skills and techniques TINT teaches. *John Webb, Site Implementation Manager, DCF, Trenton, NJ and Rebecca Gallese, LCSW, Lead Facilitator, QIC-AG*

11. How School Counselors Work with Students Adopted Transracially (AP, CW, ED, FP, HC, PA, SW-1 and SW-4) This one-hour session will review qualitative research reflecting the practices and perceptions of elementary school counselors when working with students adopted transracially (SATr). The discussion will describe school counseling services and how SATr and their families can benefit from school counseling. In addition, recommendations for SATr advocacy within the schools will be discussed. *Dr. Susan Branco, LPC, Director of Clinical Training/Assistant Professor, the Chicago School of Professional Psychology, Washington, DC*

12. Where are the Children? (PA) “Where will my child come from?” is the question asked by most pre-adoptive parents as they begin an adoption journey. This workshop will explore options for adoption including domestic infant and older child adoptions, international adoptions and the role of an agency and attorney to help answer the question: “Where are the children waiting for adoption?” *Lorraine Kolankowski, LCSW, former Executive Director of Homestudies and Adoption Placement Services, Teaneck, NJ - No CEHs given for this workshop.*

13. Parenting 101 (AP, FP, KG, PA) Adoptive parents may have special advantages and challenges. In general, what makes parenting so rewarding and difficult is that we love our children. Sometimes, it is our emotional responses that interfere with effective approaches. This workshop will review specific strategies for parenting in a deliberate manner that promotes the bond between parent and child, emotional adjustment in the child, and compliance with parental expectations. *Steven Tobias, Psy.D., The Center for Child & Family Development, Morristown, NJ - No CEHs given for this workshop.*

14. Continuation of (A6) Systemic Supports and Resource Development for Youth Adopted from Foster Care (AD, AP, CW, ED, KG, PA, SW-4)

15. What does a Mental Health Diagnosis Really Mean? (AP, CW, ED, FP, HC, KG, PA, SW-4) A diagnosis is often given to children so that they can receive therapy, services, educational accommodations. What does the diagnosis really mean? What are the most common misdiagnoses, especially in adopted children and children with trauma histories? These questions will be discussed, along with ways that parents can get the most out of the assessment process. *Mary Carney, APN, Youth Consultation Service, East Orange, NJ*

16. Continuation of (A8) ADHD and Emotional Regulation Treatment with Post Adoption Services (AD, AP, CW, ED, FP, HC, KG, SW-2)

Session C (Workshops 17 to 24) 1:45 pm – 2:45 pm

17. Sensory Processing: What Parents and Therapists need to know! (AD, AP, CW, ED, FP, HC, KG, PA, SW-2) This presentation will explain sensory processing disorder, what a parent might notice in their child and strategies for home. Our sensory system explains how our brain and nervous system work together to interpret and act on what is going on around us. We respond to our external environment through the familiar five senses of sight, hearing, taste, smell and touch, as well as through three lesser-known senses: movement (vestibular), body awareness (proprioception), and skin sensitivity (tactile). Sensory Processing is the process by which the brain takes incoming information, organizes it, and interprets it so that we can respond to it appropriately. Adopted or foster children who have transitioned into new environments may exhibit sensory processing characteristics. There will also be a brief part about development geared to fine motor skills. *Jodi Prupis, M.Ed., OT, Director of Sensational Therapies, Short Hills, NJ*

18. Adoption: Identity Through the Lens of Experience (AD, AP, BP, CW, ED, FP, HC, KG, PA, SW-1 and SW-4) **2 hour session – Part one (continues in D26).** This experiential and multimedia workshop was developed to educate professionals who provide mental health services and support to members of the adoption constellation. Participants will gain understanding of the complicating factors that impact adoptee identity formation; evidence based best practice for therapeutic relationships; and deeper awareness of and empathy for the challenges faced by adoptees. Professionals and other interested attendees will learn about: adoptee identity development; the role of culture and ethnicity, family structure, open communication, grief/loss, genealogical bewilderment, microaggression, racism, stigma, denial of difference, and the type of adoption on adoptee identity and behavior; examine modalities and best practices; join in experiential identity exercises focused on adoption related loss and view multimedia presentations of adoption narratives to better understand the adoption experience. The presentation includes the viewing of ‘Six Word Adoption Memoir’ followed by a panel discussion with filmmakers and adoption experts. *Susan Merkel, LSW*

19. Mindful Parenting: Tips on How to Effectively Parent your Child (AP, ED, FP, HC, KG, PA, SW-2) **2 hour session – Part one (continues in D27)**. This presentation will increase a person’s knowledge and understanding of effective ways to parent children who have experienced trauma in their lives, increase their awareness of their *own* reaction, gain understanding of how their reaction to their child’s behavior impacts the outcome of the situation, and effective and nurturing ways to respond which will encourage positive changes and improve **19. Continued** . . . the bond and attachment. *Nicole Coburger, LCSW, Program Administrator and Valerie Fiorentino, Program Administrator for Adoption, Birth Parent Counseling and Foster Care, The Children’s Home Society, Trenton, NJ*

20. Youth Engagement: How Collaboration and Trial Advocacy can Impact Policy Outcomes and Institutional Accountability (AD, CW, ED, SW-4) In the field of child welfare, development in policy and practice towards permanency for children in foster care has resulted in increases in adoptions. While there are no federal standards for data collection to track broken adoptions, attorneys for children who practice in family court regularly see cases, and represent at any given time a handful of children, who return to Court or to the foster care system as subjects in custody/guardianship, voluntary placements, surrenders, PINS, or delinquency cases. During this session, the presenters will reflect on how they have worked with youth to successfully collaborate with external stakeholders to impact issues seen at the practice level, but not talked about at the policy level, broken adoptions and post-adoption sibling visitation. The presenters will discuss strategies on how to utilize youth voices to educate and impact decision-making in academia, government, not for profit, and private sectors. *Dana Dohn, Esq. and Dawn Post, Esq., The Children’s Law Center, Brooklyn, NY*

21. A Child Waits for You – Come and Meet Some of NJ’s Waiting Children (FP, PA) The NJ Department of Children and Families, Office of Adoption Operations, will provide in this interactive workshop an opportunity to meet some waiting children through pictures and videos. Learn about ways to identify waiting children through agencies who have an online presence. See and hear about events that allow for in-person engagement with waiting children. Information will be shared on how to join our “family of families” in the Adoption Exchange. *Pamela Montague, Supervisor, Adoption Exchange Unit and Daniel Sianozecki, Child Specific Recruiter, Department of Child Protection and Permanency, Trenton, NJ - No CEHs given for this workshop.*

22. Citizenship Issues for Foreign Born Adoptees (AD, AP, PA) This workshop, for adoptees, adoptive parents and the social workers who advise them will address the importance of and the process for obtaining the proper citizenship status for adopted children born outside of the United States. The attorney will address re-adoption, name change, the Certificate of Citizenship, types of visas and the US Passport vs the Certificate of Citizenship. *Paul Gilbert, Esq., Parsippany, NJ*

23. Attachment and Complex Developmental Trauma 2 hour session - Part one (continues in D31) (AP, CW, ED, FP, HC, KG, PA, SW-2) This workshop will address the ways in which Complex Developmental Trauma and Attachment influence each other. The presence of safe and secure attachments in a child’s life is critical to their overall development. These early experiences with the significant people in their lives provide children with a template for their future relationships and determine whether they perceive the world as a safe or a dangerous place. However, the experience of childhood trauma creates a serious disruption in the attachment process, which undermines the child’s ability to form new attachments and leaves them vulnerable to failures in the ability to soothe themselves and regulate their behavior in typical ways. Behavior commonly seen in teens and children with a history of attachment disorders and trauma will be discussed, as will the way these concerns affect new attachments in adoptive families. Time will be offered at the end of the presentation for a discussion with participants about resources and parenting strategies. *Catherine Bianchi, PhD., Morristown, NJ*

24. Intercountry Adoption Today (PA, SW-4) Intercountry Adoption is complex but it IS still possible. Today children are adopted from a wide variety of countries for various circumstances. New regulations and an ever changing global environment also greatly effect intercountry adoption. With the complexity, changes and challenges, it may seem as though international adoption isn’t possible, but each year thousands of orphans find

their forever families through international adoption. This presentation will describe the intercountry adoption process including the difference between Hague and non-Hague adoption, USCIS requirements, types of adoption programs and resources available. *Heather Smith, LMSW, Executive Director, Homestudies and Adoption Placement Services, Teaneck, NJ*

Session D (Workshops 25 – 33) 3:00 pm – 4:00 pm

25. Talking to Kids about Tough Stuff (AP, CW, ED, FP, HC, KG, PA, SW-4) Children do best when they know the truth about their lives. Sharing difficult information with children is not easy. This workshop will give you the tools to discuss the most challenging situations (e.g., abuse, parental incarceration, death, HIV, incest, termination of parental rights) to children of all ages. Please bring your challenging questions to the session. No topic is off limits! *Barry Chaffkin, LCSW, Keynote Speaker*

26. Continuation of (C18) Adoption: Identity Through the Lens of Experience (AD, AP, BP, CW, ED, FP, HC, KG, PA, SW-1 and SW-4)

27. Continuation of (C19) Mindful Parenting: Tips on How to Effectively Parent You're Child (AP, ED, FP, HC, KG, PA, SW-2)

28. Creating Pathways for Connection: National Adoption Center's Partnerships for Progress (CW, FP, PA, and SW-4) This workshop, presented by the National Adoption Center (NAC), will offer a discussion on the power of partnerships in the adoption network. Hear about their efforts to support families and youth through inter-state partnerships in the Delaware Valley region. They will also discuss the empowering Wednesday's Child program which has been connecting families to youths weekly through partnerships with local community organizations and media outlets. *Taylor Rotolo, MSW, Wednesday's Child Coordinator/Adoption Coordinator, National Adoption Center, Philadelphia, PA*

29. Stuck No More: A New Look on Parenting (AP, ED, FP, HC, KG, PA, SW-2) Frustration grows when parents feel that they have tried "everything" and still "nothing" is working to improve their child's behavior. Anger, resentment, disappointment and shame increases for both the parent and the child and relationships suffer. Traditional parenting techniques are often ineffective with adopted children. Instead, adopted children may require a style of parenting that is unique to their needs. Some attachment focused parenting techniques that will be discussed and explored are: reframing behavior problems, discipline as care and protection not about shaming or degrading, Time Out vs Time In, managing controlling behaviors and more. *Rebecca Gallese, LCSW, NJ Adoption Resource Clearing House*

30. Closing the Circle: The 'Why?' and the 'How?' (AD, AP, BP, CW, ED, FP, PA) Parents of adopted persons wonder if, when, and why their daughter or son may decide to search. Adoptees wanting to know more about their origins wonder how their search and possible reunion may affect each of their parents. Two women, a generation apart, share unique stories of finding birth families, both traditionally and through DNA, welcoming attendees' questions-from-the-heart. Additional information regarding DNA, searching and original birth records will be handed out. *Pam Hasegawa, NJCARE staff, Moderator - No CEHs given for this workshop.*

31. Continuation of (C23) Attachment and Complex Developmental Trauma (AP, CW, ED, FP, HC, KG, PA, SW-2)

32. Open Adoption & the LGBT Community (AP, CW, ED, FP, PA, SW-1 and SW-4) The main focus of this workshop will be in discussing experiences before, during and after placement with an adoptive family from the LGBT community and/or birth parents who placed their child with an LGBT family and both of their perspectives on open adoption. Common concerns, fears and misconceptions will be discussed by the presenter as well as an

adoptive family from the LGBT community and/or birth parents who chose such a family. Time will be spent on wait times, the reasons for birth parents' choice of an LGBT family, and common misconceptions of family dynamics when it comes to adoption. *Christopher Peszka, LSW, District & Regional Supervisor, Adoptions from the Heart, Cherry Hill, NJ*

Directions to Rutgers - Busch Campus Center

Busch Campus Center - Rutgers University
604 Bartholomew Road Piscataway, New Jersey 08854
(848) 445-3962

<http://buschcampus.rutgers.edu/> (click on Busch Campus Center)

From New Jersey Turnpike (North or South)

- Take Exit 9. After the toll booths, bear right and follow signs for Route 18 North –New Brunswick
- Travel about 3.7 miles passing signs for Route 27 and Rutgers University – George Street. Go over the Raritan River on the John Lynch Memorial Bridge
- After crossing the bridge take the exit ramp for Busch Campus / Campus Road
- Go about 1/2 mile to traffic circle
- Take the first exit on circle on to Bartholomew Road
- Go about another 1/4 mile. Go across the stop sign and continue on Bartholomew Road
- The road curves to the left, you will see the Busch Campus Center on your left
- Parking is available in Lot 51, 59, 60B, and 67.

From the Garden State Parkway (South bound)

- Take exit 129 for the New Jersey Turnpike and head south
- Continue with the directions from the New Jersey Turnpike

From the Garden State Parkway (Northbound)

- Take exit 105 for Route 18 North.
- Travel about 24 miles and you will pass the entrance to the New Jersey Turnpike
- Continue with the directions from the New Jersey Turnpike

From Route 1 (North or South)

- Take exit marked Route 18 North – New Brunswick
- Continue with the directions from the New Jersey Turnpike

From Route 287 (North or South)

- Take exit 9 (formerly exit 5) – Bound Brook and Highland Park
- Follow River Road (Route 622) east towards Highland Park
- Travel about 3 miles and turn left on to Route 18 North
- Take the first exit ramp on Route 18 North - Busch Campus / Campus Road
- Go about 1/2 mile to traffic circle
- Take the first exit on circle on to Bartholomew Road
- Go about another 1/4 mile. Go across the stop sign and continue on Bartholomew Road
- The road curves to the left; you will see the Busch Campus Center on your left.
- Parking is available in Lot 51, 59, 60B, and 67.

Train: Take New Jersey Transit to New Brunswick train station www.NJTransit.com.

Bus: Walk 1½ blocks to the intersection of College Avenue and Hamilton Street. The “A” bus leaves every 20 minutes starting at 8:00 am directly to Busch Campus. Campus Bus: 732-932-7817.

Taxi: Cab Service - Victory Cab: 732-545-6666

Hotels: The Heldrich in downtown New Brunswick offers special package rates for events at Rutgers: 866-609-4700. The Hyatt is also in downtown New Brunswick, the Hilton is located at Exit 9 on the NJ Turnpike, and the Doubletree, Courtyard, Fairfield Inn, and Comfort Inn are located at exit 10 on Route 287.

Note:

Rutgers University has numerous campuses. The conference is at the Busch Campus in Piscataway.

We look forward to seeing you on Saturday, May 5th!

Concerned Persons for Adoption (CPFA) is a non-profit organization in the State of New Jersey dedicated to the belief that every child deserves a family. CPFA is not an adoption agency, but a volunteer organization working to support those who wish to adopt, and to provide educational and networking resources for those who have adopted.