Every year, we help thousands of expectant parents—like you—think through their options. We can help you make a plan that is best for you and your baby.

Only you can make the decision, but you don't have to make it alone.



CORPORATE HEADQUARTERS

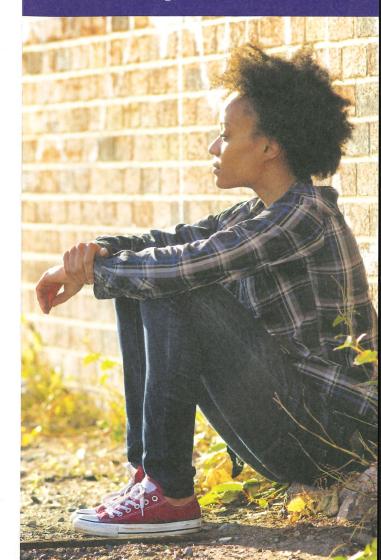
901 Eastern Ave NE, PO Box 294 Grand Rapids, MI 40501-0294

Bethany.org (800) BETHANY



PLAN YOUR NEXT STEPS

Bethany











No cost, no judgment, no pressure

Whatever you're feeling right now, our experienced pregnancy counselors will help you explore your options.

MAYBE YOU

- Have concerns about how your pregnancy will affect your future.
- Want to talk to someone you can trust—who will listen without telling you what to do.
- Want information about your options without feeling pressured.

Whether you decide to parent or make an adoption plan, we're here to help.

WANT TO TALK WITH SOMEONE?

Our counselors can provide confidential help so you can find your path forward. Call our 24-hour national pregnancy help line.

TALK ANYTIME: (800) BETHANY EMAIL: ImPregnant@Bethany.org

CHAT: ImPregnant.org

FINANCIAL ASSISTANCE MAY BE AVAILABLE

Pregnancy can create financial strain, putting pressure on immediate needs like rent, food, transportation, and doctor visits.

We may be able to help you meet some of these needs, and we'll work with you to find long-term resources in your community so you can focus on making the best decision for you and your baby.

